



High Wycombe Cycling Club



Hilly Time Trial

Saturday 20th May 2022 on the Course H29/18

(For and on behalf of Cycling Time Trials under their Rules and Regulations)



Event Headquarters:

Lane End Village Hall, Finings Road, Lane End, HP14 3EY

Event HQ opens at 7:00am

Time Keepers:

Christina Gustavson Reading CC
Howard Waller Python RT

Event Organiser:

Ben Nichol
17 Elderdene, Chinnor,
Oxfordshire, OX39 4EH
01844 354113/ 07711964460
benjaminnichol2@gmail.com

Prize List

| | Men (RB) | Women (RB) | Vets on Std. | Men (TT) | Men (RB) |
|-----|-------------|---------------|-----------------|-------------|-------------|
| 1st | £30 | £30 | £30 | £30 | £30 |
| 2nd | £20 | £20 | £20 | £20 | £20 |
| 3rd | £10 | £10 | £10 | £10 | £10 |

The fastest rider will receive and hold the magnificent Wilkinson Sword Trophy for 1 year. There are many legendary time triallists who have won this trophy including Eddie Adkins, Stuart Dangerfield, Chris Boardman and Michael Hutchinson.

Have a good ride, stay safe, and remember - head up at all times!!



| Number | Start Time | First Name | Surname | Club | Category |
|--------|------------|------------|----------|---------------------------|-------------|
| 1 | 08:01:00 | Teresa | Goddard | Kingston Wheelers CC | Veteran (W) |
| 2 | 08:02:00 | David | Marshall | Hemel Hempstead CC | Veteran |
| 3 | 08:03:00 | Finn | O'Brien | Lea Valley Youth CC | Juvenile |
| 4 | 08:04:00 | Ewan | Tuohy | Dartford Road Club | Senior |
| 5 | 08:05:00 | Cormac | Nisbet | High Wycombe CC | Junior |
| 6 | 08:06:00 | Graham | Morrison | Newbury RC | Veteran |
| 7 | 08:07:00 | David | Yates | High Wycombe CC | Veteran |
| 8 | 08:08:00 | Peter | Clarke | G.S. Henley | Veteran |
| 9 | 08:09:00 | Joseph | O'Brien | Lee Valley Youth CC | Junior |
| 10 | 08:10:00 | Ollie | Hucks | Kalas Motip | Senior |
| 11 | 08:11:00 | Sam | Chaplin | High Wycombe CC | Junior |
| 12 | 08:12:00 | John | Blight | Rapha Cycling Club | Senior |
| 13 | 08:13:00 | Angus | Stoneham | Beaconsfield Cycling Club | Junior |
| 14 | 08:14:00 | Jacob | Avery | Ride Revolution Coaching | Senior |

Course details

H29/18 - South Bucks Hilly 29.8miles

HQ: Lane End Village Hall

Course Map: [h29/18 RA | lwdc \(londonwestdc.co.uk\)](#)

Course Description:

1. Start on B482 approximately 200 yards past the Cadmore End side of the Frieth Crossroads near the turning point for Oakwood Place opposite lamp post No.4
2. Proceed north to the junction with A40 at Stokenchurch.
3. Turn left and continue to the junction with M40 (J5). Turn right just before bridge over M40 onto old A40.
4. Proceed to junction with minor road to Christmas Common.
5. Turn left and continue through Christmas Common to junction with B480.
6. Turn right and immediately left onto the B481. Proceed via Cookley Green to Nettlebed.
7. Turn left onto A4130. Straight on at roundabout to junction with the A4155 at Henley.
8. Turn left and continue through Medmenham to Marlow.
9. At Ford Garage turn left up Oxford Road and continue uphill to Frieth Crossroads.
10. Turn left to finish near Frieth Village Hall

Have a good ride, stay safe, and remember - head up at all times!!

VERY IMPORTANT INFORMATION REGARDING THE COURSE & HQ

1. All riders are expected to know the course, they should not rely upon marshals
2. Please ensure you have a working front white and red rear light or you will not be allowed to start the event in accordance with CTT Regulations. **No lights, no start, no exceptions!**
3. You must wear an approved hard shell helmet in accordance with CTT regulations.
4. Please return your number to HQ after the event. You will be disqualified if you do not.
5. Car parking - There is very limited parking at the hall. A public car park is located on the opposite side of the B482.
6. Toilets but no showers are available at the HQ.
7. Refreshments will be available at the HQ.
8. London West DC Regulations:
 - i. LWDC Reg. 4: No vehicles except those of the Timekeepers shall be parked at the start or finish.
 - ii. LWDC Reg. 7: Noisy Turbo Trainers are not to be used at morning events within 100 yards of Residential accommodation .

Getting to the Start

The start is approximately 150yds along the B482 from the HQ towards Cadmore End.

Getting back to HQ

Once you have finished the race, turn in the road and follow the road downhill to the crossroads and then uphill to Lane End and the HQ. It is approximately 1.4miles from the finish back to the HQ

High Wycombe Cycling Club would like to thank our club sponsors for their support.

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